

## **Before and After Care Instructions**

*The success of your procedure depends on your care*

### **Eye Liner Procedure**

#### **A few days BEFORE procedure:**

- Drink 8 – 8oz glasses of water a day.
- Avoid salty foods.
- No eyelash curler.
- If having concerns about the health of your eyes, have an eye exam.

#### **Day of procedure:**

- Do not wear mascara to appointment if possible.
- After arriving; you may take over the counter pain reliever or prescribed pain reliever, but no aspirin.
- No caffeine 2 hours before procedure.
- Please arrange for transportation if you do not think you will be comfortable driving after procedure.

#### **Immediately AFTER procedure:**

- Eyeliner may appear darker, thicker, crisper or harsher than expected. The surface color will slough off in 4-6 days, revealing a soft, natural color underneath.
- Eyes may have mild to considerable swelling, which usually lasts from a few hours to a few days.
- Eyeliner area may be a little tender and feel tight.
- Continue to flush with saline or lubricating eye drops only. No eye whiteners.
- Do not rub or touch with fingers.

#### **For the next 4-6 days:**

- Wash the first evening & morning with an antibacterial soap. You may use plain water the following days.
- Pat dry, wait 10 minutes then apply ointment **lightly** with a Q-tip 2-3 times a day. Do not use hydrogen peroxide.
- If flaking, peeling or crusting appears, **DO NOT PICK, PEEL OR SCRATCH!** It may cause color to heal unevenly.
- Simply rewash, dry and apply ointment lightly.
- To reduce swelling, ice for 15 minutes every hour and you may want to sleep with your head elevated.
- Avoid salty foods and drink lots of water.

**DO NOT** lay in the sun or use tanning beds.

**DO NOT** swim, use sauna or Jacuzzi, or take steaming hot showers.

**DO NOT** apply any make-up on procedure area.

**DO NOT** use an eyelash curler or mascara. When you resume using mascara, use a new tube.

**PLEASE CONTACT ME IF ANYTHING SEEMS OUT OF THE ORDINARY IN YOUR POST CARE FROM WHAT HAS BEEN DESCRIBED HERE.**

❖ Cosmetic and Medical tattooing is not an exact science. Colors may not match perfectly or appear exactly as expected. Over the months and years following the procedure, softening, fading or change of color of the pigment may occur. I understand 1 touch-up within 6 months is available at no cost. There will be an additional fee of \$150.00 for touch up work after 6 months.

It has been explained to me and I understand the above.

Signature: \_\_\_\_\_

Date: \_\_\_\_\_.

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