

## Before and After Care Instructions

*The success of your procedure depends on your care*

### Eye Brow Procedure

#### A few days **BEFORE** procedure:

- Drink 8 – 8oz glasses of water a day.
- Avoid salty foods.
- Do not use glycolic acid products directly on the brows.
- Do not tweeze 3 days prior to procedure.
- Avoid taking aspirin.

#### Day of procedure:

- After arriving; you may take over the counter pain reliever or prescribed pain reliever, but no aspirin.
- No caffeine 2 hours before procedure.
- Please arrange for transportation if you do not think you will be comfortable driving after procedure.

#### Immediately **AFTER** procedure:

- Brows will look considerably off color and darker than when they heal in (approximately 4-6 weeks).
- They may weep for the first few hours. Continue to wash and do not let them get crusty.

#### For the next 4-6 days:

- Wash the first evening & morning with an antibacterial soap. You may use plain water the following days.
- Pat dry, wait 10 minutes then apply ointment **lightly** with a Q-tip 2-3 times a day. Do not use hydrogen peroxide.
- If flaking, peeling or crusting appears, **DO NOT PICK, PEEL OR SCRATCH!** It may cause color to heal unevenly. Simply rewash, dry and apply ointment lightly.
- After brows are completely healed use a complete waterproof **sunblock 25 SPF** to help maintain color and reduce fading. Also, you may notice that wearing foundation or powder over brows will alter their color.

**DO NOT** lay in the sun or use tanning beds.

**DO NOT** swim, use sauna or Jacuzzi, or take steaming hot showers.

**DO NOT** use any make-up on procedure area.

PLEASE CONTACT ME IF ANYTHING SEEMS OUT OF THE ORDINARY  
IN YOUR POST CARE FROM WHAT HAS BEEN DESCRIBED HERE.

❖ Cosmetic and Medical tattooing is not an exact science. Colors may not match perfectly or appear exactly as expected. Over the months and years following the procedure, softening, fading or change of color of the pigment may occur. I understand 1 touch-up within 6 months is available at no cost. There will be an additional fee of \$150.00 for touch-up work after 6 months.

It has been explained to me and I understand the above.

Signature: \_\_\_\_\_

Date: \_\_\_\_\_

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